

Spiritual Disciplines in Colossians 3



THE KILL LIST

Where have you seen the following “activities” demonstrated in movies, TV, or music?

Sexual Immorality

Impurity

Lust

Evil Desires

Greed



The “Get Rid Of” List

How have you observed the following “activities” happen in common, everyday life?

Anger

Rage

Malice

Slander

Filthy Language



The Clothes List

What specific actions can you take to add these positive traits to your life?

Compassion

Kindness

Humility

Gentleness

Patience